

FOOD ALLERGIES AND ANAPHYLAXIS

SAMPLE CHECKLIST FOR THE DEVELOPMENT OF SCHOOL DISTRICT POLICIES AND PROTOCOLS

- Alert school administrators about policy needed to protect students and school personnel from food allergies and anaphylaxis
- Establish policies and related protocols that are consistent with evidence-based practice
- Consider including management of chronic health conditions in schools, including food allergies and anaphylaxis, in school wellness policies
- Include community stakeholders knowledgeable of food allergies on school wellness committees
- Policy components and related protocols to address:
 - School personnel education/training
 - Training to address food allergies and anaphylaxis in general and actions to prevent exposure to food allergens for all appropriate school personnel
 - Student-specific content to address the student's emergency care plan for school personnel who have primary responsibility for students with food allergies and risk for anaphylaxis
 - A process to evaluate knowledge and practice outcomes of the school personnel training
 - A plan for periodic reinforcement of the training
 - A plan for documentation of the training
 - Student health education curricula on food allergies and anaphylaxis
 - Emergency preparedness
 - Requirement of student-specific healthcare provider orders
 - Importance of a student-specific emergency care plan
 - Storage, access, and administration of emergency medication
 - Non-student specific epinephrine auto-injector protocols
 - Local EMS protocols (e.g., response time, epinephrine protocol)
 - Protocol for school emergencies and/or disasters, including lockdowns
 - Post event debriefing following all food allergy and anaphylaxis events
 - Students who self-carry rescue medications
 - Prevention of allergen exposure
 - Classroom food guidelines
 - Cafeteria/food preparation guidelines (e.g., cross contamination prevention; cleaning for prep, food distribution, and student eating areas)
 - Student and school personnel hand washing
 - Bullying and discrimination prevention for students with chronic health conditions, including food allergies
 - Full student participation in all school sponsored events and activities



- Family notification of options for student health and/or education plans (e.g., Section 504, individualized healthcare plans, emergency care plans)
- Privacy and confidentiality of student health information
- Professional continuing education to ensure competent nursing practice
- Align with existing state and federal guidelines and regulations